

Registration Form

Email or mail this completed form with your payment. **Course is limited to 25 participants.** We will email your receipt as confirmation.

Registration Fee
\$435 Register soon, space limited

Contact Info

Name: _____
Profession: _____
Facility: _____
Address: _____

Phone (cell): _____
Email: _____

Billing/Contact Info

Billing Address for Credit Card: _____

Visa/Master Card #: _____
Exp. Date: _____ Security Code: _____
Sign: _____

Please make checks payable to:
Weeefun Therapy

Weeefun Therapy reserves the right to cancel any course due to insufficient registration or extenuating circumstances. Please do not make non-refundable travel arrangements until you have called us and received confirmation that the course will be held. We are not responsible for any expenses incurred by participants if the course must be canceled.

I have read the cancellation and refund policy and understand.

Billing/Payment

Mail to:
Fiona Rea
Weeefun Therapy
724 E. Foothill Blvd.
San Dimas, CA 91773
Questions? Contact Fiona Rea,
fiona@weeefun.com or ph. 626.841.1115

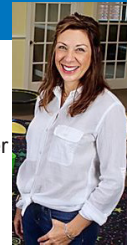
Instructor Bio

Liesa M. Persaud, PT, DPT, PCS, CKTP is a licensed physical therapist with 27 years experience in the field of adult and pediatric therapy. Ms. Persaud is a practicing physical therapist at Tulsa Sunshine Center in Oklahoma. Additionally, Liesa is owner of Know to Change, and has educated health care professionals, both nationally and internationally, in advanced treatment techniques, specialized practical training and consultative services. She has worked in a variety of settings, including private pediatric and adult clinics, schools, private homes, hospitals and long-term care facilities. Ms. Persaud is a Credentialed Clinical Instructor and also taught human anatomy, physiology and nutrition at Tulsa Community College. She received her Associate's Degree in 1993 from Tulsa Junior College and worked as a physical therapist assistant while completing her Bachelor of Science Degree in Organizational Leadership from Southern Nazarene University in Tulsa, Oklahoma. Ms. Persaud earned her Master's Degree in Physical Therapy from the University of Findlay in Findlay, Ohio in 2003 and continued to expand her expertise in the field. She received her post-graduate Doctorate from Rocky Mountain University of Health Professions and is a Board Certified Specialist in Pediatric Physical Therapy. In 2007, Ms. Persaud served as Treasurer for the Oklahoma Physical Therapy Association and has been a member of the Oklahoma Foundation for Physical Therapy since 2004.

Ms. Persaud's passion for helping others extends into her private life. She has volunteered as a Call Rape Advocate, Salvation Army Volunteer, and was a member of the Fraternal Order of Police Auxiliary.

Her other passion, travel, has led her to teach & treat overseas in Australia, New Zealand, Turkey, the Arab Emirates & Mexico, in addition to organizing & participating in mission work in Mexico, Ukraine & Palestine.

Liesa's wide range of clinical experience, organizational leadership, and proficient teaching skills make her an exciting and compelling instructor.



Cancellation Policy

If after enrolling you cannot attend, you may send another qualified professional clinician in your place. However, Weeefun Therapy will not be responsible for any financial arrangements, refunds or exchanges between you and your replacement.

If you are unable to arrange a qualified replacement, the cancellation fee is an \$80 administration fee with the balance of tuition refunded upon sponsor's receipt of a written request 30 or more days prior to the start of the course. Tuition is nonrefundable less than 30 days prior to the class dates.



Weeefun Therapy for Children

Therapeutic Evaluation & Management of Toe Walking (Pediatric Equinus Gait)



Friday & Saturday
May 1st & 2nd, 2020

Instructor:
Liesa M. Persaud, PT, DPT, PCS, CKTP

At:
Weeefun Therapy for Children
724 E. Foothill Blvd
San Dimas, CA 91773

Therapeutic Evaluation & Management of Toe Walking

Course Description

This two day course covers therapeutic evaluation & treatment of pediatric equinus gait (“toe walking”). It is common for the practitioner to feel lost when a child presents with a toe walking gait pattern. Both evaluation and treatment of these children are often frustrating for all involved and frequently results in inaccurate evaluation with ineffective intervention and poor achievement of results. Long term results are rarely achieved with either resultant surgical intervention and/or a reoccurrence of the problem. However, establishing a specific approach to treating this type of patient can be made less frustrating and more rewarding by asking the right questions and forming a deliberate approach.

This two day course is excellent for alleviating a chaotic approach to the treatment of pediatric toe walking. Through an organized evaluation procedure, specific data will be used to direct the clinician to potential etiologies. Causes and appropriate intervention strategies are identified in order to utilize a systematic approach to developing an effective treatment plan.



Course Objectives

Participants who complete the course are expected to be able to:

- IDENTIFY specific pathologies relevant to pediatric equinus gait.
- DEVELOP an organized evaluation approach and use the data to determine various etiologies of pediatric equinus gait.
- DISCUSS etiology-specific & age-appropriate assessment & management strategies for this population.
- APPLY effective examination, evaluation, intervention and treatment strategies to toe walking in the pediatric population.
- DESIGN an effective & individualized treatment plan for the pediatric patient.
- EXPLAIN the future consequences of incorrect intervention.
- GAIN confidence with the evaluation and treatment of pediatric toe walking.



Level: Intermediate.

Target Audience: Physical Therapists, Occupational Therapists, PTA's, Cota's.

16 Hours of Continuing Education Credits
(1-6 PT CEU's. CER # 20-30738-1)

This course has been approved for CEUs by CERS an approval agency for the California Board of Physical Therapy.

Program Schedule

Time	Class Topic - Day 1
8:00am-10:15am	IDEAL GAIT & EQUINUS GAIT Definition of Idiopathic Toe Walking, Problems & concerns regarding an equinus gait pattern, Components of normal gait & gait development, Characteristics of equinus gait
	(15 MIN BREAK)
10:30am-12:00pm	BIOMECHANICS Necessity of a stable base, The influence of an anterior center of mass, Muscle Balance Theory, Passive ankle DFROM measurement technique: R1 & R2 (LAB)
12:00pm-1:00pm	LUNCH
1:00pm-3:00pm	BIOMECHANICS (cont'd.) Orthoses: Changes to tradition
	(15 MIN BREAK)
3:15pm-5:30pm	BIOMECHANICS (cont'd.) Posting wedges & calcaneal eversion (LAB), Transverse plane movement & ankle strategies, Biomechanical training aids
5.30 pm	DAY 1 ENDS

Time	Class Topic - Day 2
8:00am-9:45am	KINESIOLOGY Physiology, Passive stretching, Manual therapy, Muscle lengthening strategies, Muscle strengthening strategies.
	(15 MIN BREAK)
10:00am-12:00pm	(LAB) Muscle lengthening technique: an alternative to stretching, Therapeutic Taping: (LAB)
12:00pm-1:00pm	LUNCH
1:00pm-3:00pm	SENSORY PROCESSING Consideration of the sensory systems: tactile, vestibular, visual, proprioceptive, emotional
	(15 MIN BREAK)
3:15pm-5:30pm	ASSESSMENT: CRITERIA, RESULTS & INTERVENTION Birth history, Developmental history, Vision, Etiology
5.30 pm	DAY 2 ENDS