



Delivering Pediatric Therapy Effectively in the Natural Environment (An Intermediate Level Course)

Continuing Education for Physical & Occupational Therapists, Physical Therapy Assistants, Certified Occupational Therapy Assistants and Early Interventionists

September 14-15 (Friday -Saturday), 2018

or

November 2-3 (Friday - Saturday) 2018

Instructors:

Michael J. Workman, *PT C/NDT*, Professional Therapies Inc., The Bamboo Brace LLC. and Fiona Rea, *OTR/L C/NDT, SIPT*, - Weeefun Therapy for Children.

Course Content and Structure:

This two-day, intermediate level workshop provides 15 contact hours. CEU's will be awarded for Physical Therapists and PTA's and PDU's for Occupational Therapists and COTA's collaboratively through Weeefun and Professional Therapies.

The course focus is on early intervention treatment (0-3 years) in the natural environment with a family centered approach including; home, park and playground settings. This course includes a lecture and lab portion as well as treatment demonstrations of infants and children with developmental and neuromuscular impairments to their gross and fine motor systems.

The lecture/lab segment will cover early motor skills development and focus areas for treatment and handling. Facilitation techniques will include those used for skill development of transitional movements involving the trunk and extremities, along with mobility and control for early transition attainment centered on rolling, crawling, creeping and first steps. The focus of this class will be on handling and treatment, including Neurodevelopmental, Sensory and Motor Learning treatment methods, helping attendees learn practical skills for Early Intervention treatment.

For the lab segments, participants must bring a soft, rag type doll of approximately 24-30" to practice baby facilitation and handling techniques. Attendees should also dress in comfortable clothes that allow for movement to practice transitions and treatment. There

will be a treatment demonstration on Friday in a simulated home setting as well as a treatment demonstration Saturday in the park/playground setting located just across from the course venue. This class will include an exclusive and inspiring guest speaker, (A talented young local musician, with Cerebral Palsy), highlighting the positives of his experience with traditional OT/PT therapy in the Natural setting- (Saturday lunch time).

Accommodations:

Please contact Fiona Rea at 626-841-1115 if you require classroom accommodations or modifications because of a documented disability. Full course attendance is required for successful completion of the course. We reserve the right to cancel the course within 21 days of the scheduled start date. In the case of cancellation, a full refund will be granted to all paid attendees. Weeefun-Professional Therapies is not liable for attendee expenses incurred for travel and lodging with regard to attendance of this continuing education course.

Course Specifications:

Course Level: Intermediate.

Student to instructor ratio (15:1)

Hours: 8 am- 5 pm. 1 hour for lunch. Two, 15 minutes breaks a.m. and p.m.

Location: Weeefun Therapy for Children, 724 E. Foothill Blvd, San Dimas, CA 91773

Parking: Free parking at Weeefun.

Tuition: \$450/per participant for two-day course.

Sign-up URL: <https://www.professionaltherapies.com/continuing-education/>

Cancellation Policy: Full refund for course tuition (less an \$80 administrative fee) will be granted with written notice 30 days prior to first day of course. Cancellation by attendee less than 30 days from first day of class will not eligible for any refund.

Course Syllabus & Lecture PDF's: Emailed to each participant prior to start of course

Reading Recommendations:

1. Neuro-Developmental Treatment. A Guide to NDT Clinical Practice. Bierman, Hazzard, Stamer, Franjoine, Howle. Thieme. 2016
2. Components of Typical and Atypical Motor Development, Lois Bly M.A.; Therapy Skill Builders. 2011.
3. Normal Development of Functional Motor Skills, Rona Alexander Ph.D., CCC-SP; Regi Boehme, OTR; Barbara Cupps, PT. Therapy Skill Builders.1993
4. Motor Skill Acquisition in the First Year of Life, Lois Bly, M.A PT, copyright 1994, Published by Therapy Skill Builders.
5. Baby Treatment Based on NDT Principles, Lois Bly, M. A PT, copyright 1999. Published by Therapy Skill Builders.

Space is limited, early sign-up encouraged.